

**Central Vermont Council on Aging
Appropriation Request for
Waitsfield for Fiscal Year 2017-18**

Mission Statement: CVCOA supports elders and family caregivers in leading self-determined, healthy, interdependent, meaningful and dignified lives in their homes and communities.

Amount of Request: \$1,700 (level funding)

Date: November 10, 2016

Central Vermont Council on Aging is the primary agency serving older Vermonters aged 60 and over as well as their families and caregivers throughout the 54 towns of Central Vermont. We are a private nonprofit that assists these elders to remain independent for as long as possible. All services are made available to our clients at no charge, without regard to health, income or other resources.

The funding provided by the 54 Central Vermont towns we serve is essential to Central Vermont Council on Aging, and directly serves its mission of supporting elders and family caregivers in leading self-determined, healthy and dignified lives in their homes and communities. We accomplish this by connecting seniors to a wide array of benefit programs and services that they need to thrive.

The financial support from the town of Waitsfield helps to ensure that the resources are available to support the well-being of older Vermonters in the town of Waitsfield. Please review the report of services that accompanies this request for a list of some of the many services that we make available to the seniors in your town.

All of us at CVCOA thank the residents of Waitsfield for their ongoing commitment to the health, independence, and dignity of those who have contributed to making the Central Vermont communities what they are today.

Central Vermont Council on Aging
Report of Services to Waitsfield FY16
November 10, 2016

Central Vermont Council on Aging is a private, nonprofit organization that is dedicated to the mission of supporting elders and family caregivers in leading self-determined, healthy, interdependent, meaningful and dignified lives in their homes and communities.

For more than 40 years, CVCOA has assisted older Vermonters aged 60 and up to remain independent for as long as possible. We connect the elders in our communities to the network of benefit programs and services that they need to thrive. All services are made available to our clients at no charge without regard to health, income or resources.

Some of the options we make available include:

- Senior Help Line - (800) 642-5119 - has the answers to hundreds of common questions from elders, families and caregivers.
- Information & Assistance staff counsel elders and families on the many available benefit programs and services, such as 3SquaresVT, seasonal fuel assistance, and more.
- Case Managers work with clients in their homes to assess needs and develop, implement and coordinate individualized long-term care plans.
- Nutrition Services oversees the menu development for home-delivered and community meals and provides the largest source of funding for the 14 meal sites that prepare and deliver these meals.
- State Health Insurance Program (SHIP) provides personalized Medicare counseling, group training, and enrollment assistance for Medicare Part D plans.
- Family Caregiver Support promotes the well-being of the family members who help to make it possible for seniors to remain in their home.

During the last year, Central Vermont Council on Aging provided one or more of the above services to 48 Waitsfield residents. Case Manager Lisa Mercurio is designated to work directly with the seniors in Waitsfield. Central Vermont Council on Aging devoted a total of 848 hours of service to Waitsfield seniors.

All of us at CVCOA extend our gratitude to the residents of Waitsfield for their ongoing commitment to the health, independence, and dignity of those who have contributed to making the Central Vermont communities what they are today.