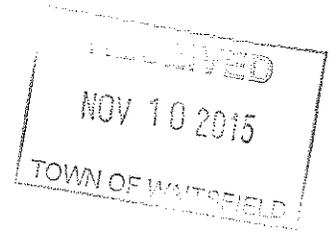




Promoting Healthy Aging
Senior HelpLine: 1-800-642-5119



Central Vermont Council on Aging
Appropriation Request from Waitsfield
for Fiscal Year 2016-17

Mission Statement: CVCOA supports elders and family caregivers in leading self-determined, healthy, interdependent, meaningful and dignified lives in their homes and communities.

Amount of Request: \$1700

Central Vermont Council on Aging is the primary agency serving older Vermonters aged 60 and over as well as their families and caregivers throughout the 54 towns of Central Vermont. We are a private nonprofit that assists these elders to remain independent for as long as possible. All services are made available to our clients at no charge, without regard to health, income or other resources.

The funding provided by the 54 Central Vermont towns we serve is essential to CVCOA, and directly serves its mission of supporting elders and family caregivers in leading self-determined, healthy and dignified lives in their homes and communities. We accomplish this by connecting seniors to a wide array of benefit programs and services that they need to thrive.

The financial support from the town of Waitsfield helps to ensure that the resources are available to support the well-being of older Vermonters in the town of Waitsfield. Please review the report of services that accompanies this request for a list of some of the many services that we make available to the seniors in your town.

As a CVCOA-sponsored program, RSVP is now included in the services being funded in part through this request. RSVP is a program that recruits volunteers aged 55 and older to serve with community non-profits. This appropriations request reflects the combined CVCOA and RSVP amounts that were previously funded by Waitsfield.

All of us at CVCOA thank the residents of Waitsfield for their ongoing commitment to the health, independence, and dignity of those who have contributed to making the Central Vermont communities what they are today.

Phone: 802-479-0531
Fax: 802-479-4235

59 N. Main Street, Suite 200
Barre, VT 05641-4121

Email: cvcoa@cvcoa.org
Web: www.cvcoa.org





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Central Vermont Council on Aging Report of Services to Waitsfield

Central Vermont Council on Aging is a private, nonprofit organization that is dedicated to the mission of supporting elders and family caregivers in leading self-determined, healthy, interdependent, meaningful and dignified lives in their homes and communities.

For more than 40 years, CVCOA has assisted older Vermonters aged 60 and up to remain independent for as long as possible. We connect the elders in our communities to the network of benefit programs and services that they need to thrive. All services are made available to our clients at no charge without regard to health, income or resources.

Some of the options we make available include:

- Senior HelpLine – (800) 642-5119 – has the answers to hundreds of common questions from elders, families and caregivers
- Information & Assistance staff counsel elders and families on the many available benefit programs and services, such as 3SquaresVT, seasonal fuel assistance, and more
- Case Managers work with clients in their homes to assess needs and develop, implement and coordinate individualized long-term care plans
- Nutrition Services oversees the menu development for home-delivered and community meals and provides the largest source of funding for the 14 meal sites that prepare and deliver these meals
- State Health Insurance Program (SHIP) provides personalized Medicare counseling, group training, and enrollment assistance for Medicare Part D plans
- Family Caregiver Support promotes the well-being of the family members who help to make it possible for seniors to remain in their home

In the past year, we have touched the lives of thousands of elders throughout Central Vermont, including 43 Waitsfield families. Lisa Mercurio is the Case Manager dedicated to working directly with the seniors in Waitsfield and provided at least 60 hours of service directly with 12 seniors in the past year. In addition, our Senior HelpLine has responded to 24 calls and 31 seniors received nutritional support through our wellness programs.

All of us at CVCOA extend our gratitude to the residents of Waitsfield for their ongoing commitment to the health, independence, and dignity of those who have contributed to making the Central Vermont communities what they are today.

