

MAD RIVER VALLEY HEALTH CENTER, INC.

The Mad River Valley Health Center, Inc. (MRVHC, Inc.) is a 501 (c) (3) non profit corporation governed by a community Board of Directors composed of individuals representing the towns of Warren, Waitsfield, Fayston and Moretown. Incorporated in 1980, the mission of the MRVHC, Inc. is to provide a quality facility to insure the availability of local health care to residents of the Mad River Valley, neighboring town and visitors.

During 2004, MRVHC, Inc. conducted a capital campaign to fund a new, expanded health center. The building was completed on time and within budget and occupied by January 2006. MRVHC, Inc. owns the building and leases space to a variety of healthcare providers, including:

- Mad River Family Practice
- SugarMountain Massage
- Health in Motion (a movement studio including a variety of wellness classes and workshops such as yoga, dance, martial arts, etc.)
- Maximum Physical Therapy
- Healing Hands Physical Therapy
- Richard W. Davis, PhD (psychologist)
- Barbara A. Clarke, PsyD (psychologist)
- Lee Ensalada, MD, MPH (medical examiner)

All providers in the new health centers offer a sliding scale or financial arrangements so that patients can receive services regardless of their financial status or insurance coverage.

With the construction complete, the board has shifted the focus to coordinating health education programs and outreach on topics of interest to the community. Offerings in the first year have included Weight Watchers, parenting classes and healthy aging seminars. Efforts are underway to expand health education programs aligned with community needs and requests.

Visit www.mrvhc.com for additional information. Review the Valley's new health and wellness directory, learn the history of the Health Center and further your understanding of the plans for the new Health Center and its contribution to the Mad River Valley community.

The Mad River Valley Health Center, Inc. is committed to promoting and improving health services to meet the needs of the community. We wish to thank the community towns for their financial support to the MRVHC, Inc. in the past and look forward to continued support. The Health Center benefits all area residents.

Sue Frechette, Warren, President
Chuck Martel, Fayston, Vice President
Adam Greshin, Warren, Treasurer
Dara Torre, Moretown, Secretary

Barbara Christie-Garvin, Waitsfield

Connie Colman, Warren

David Ellison, Warren

Marta Marble, Waitsfield

Carlene Ramus, Waitsfield