

November 20, 2008



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**Founders:**

Maureen C. Larsen  
Terry C. Howe  
Sara C. Nevin

**Exec. Director**

Sara C. Nevin

**Ass't. Director**

Rachel Lamagna

**Volunteer Coordin.**

Linda Pruitt

**Board Members:**

Cathleen Asbell  
Northfield, VT

Carol Corneille  
Williamstown, VT

Nancy Evans-Shiok  
West Berlin, VT

Bonnie Giuliani  
Montpelier, VT

Leslie Haines  
Worcester, VT

Judith Jarvis  
Northfield, VT

Erin Malloy  
Plainfield, VT

Mindy Parisi  
Stowe, VT

Barbara Pope  
Northfield, Vt.

Ruth Sabol  
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**Advisors:**

J. Paul Giuliani, Esq.  
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Northfield, VT

**Affiliations:**

CLIF  
Nat. Fatherhood Init.  
Matern./Child Cl.  
Building Bright Futures  
VT Safe Kids

Ms. Valerie Capels  
Waitsfield Town Administrator  
Waitsfield Selectboard  
9 Bridge Street  
Waitsfield, VT 05673

Dear Ms. Capels and Selectboard Members:

It is our intent, with this letter, to request an amount of \$300 in the budget to be presented to the voters of the Town of Waitsfield in 2009. A summary report of services to families in Waitsfield is enclosed for your information.

During the 17 years that our organization has been in operation we have visited many families in the Waitsfield area – most recently in 2007 twelve individuals have benefited from our free home visiting services.

We are grateful to you and voters for your past and present support to our Good Beginnings of Central Vermont in our effort to be included on the Waitsfield Town Meeting ballot.

Sincerely,

Sara C. Nevin  
Executive Director

Enclosure: Summary Report, Brochure



## SUMMARY REPORT TO VOTERS OF THE TOWN OF WAITSFIELD - 2009

Good Beginnings of Central Vermont, founded in 1991 by three Northfield mothers, has been recruiting, training, and matching volunteer mothers of all ages with families of newborn birth and adopted infants in Waitsfield and the Central Vermont area. Volunteers provide free home visits each week for up to three months and encourage parents in the areas of bonding, nutrition, child development, carrying of infant, literacy and reuse and recycling. We assemble and provide a comprehensive welcome bag for each family as well as offer six different designs of front infant carriers to purchase at our cost. Community neighbors and businesses support our program with furniture, clothing, and many other items new families might need, and our emergency funds with markets provide families with formula, medicines, diapers, and food.

During the year 2007 more than 12 mothers, infants, and their families were served by our volunteer mothers in Waitsfield. These volunteers provided outreach and increased support through the avenues of newspapers, radio shows, brochures, collaboration with midwives, Obstetrics Departments, local hospitals, Health and Wellness Fairs, Farmer's Markets and received referrals from CVHHH, VDH, Fletcher Allen, and pediatricians. We expanded the number of board members serving to diversify the ideas and geography.

Good Beginnings has connected families with food shelves, housing, emergency funds, and diapers through your local food shelves. Our program provided used clothing and furniture to these families, and, in turn, businesses have supported our yearly Mothers' Luncheon with food and gifts to honor all new mothers served through our program that year.

We are looking forward to a continuation of our mother/infant home visitation services in the Town of Waitsfield this year, at which time we anticipate more collaboration with WIC Clinics, Women and Children First, and Building Bright Futures programs.

Thank you again for your consideration of support to our program in the amount of \$300.00.

Good Beginnings of Central Vermont  
[Centralvt.goodbeginnings.net](http://Centralvt.goodbeginnings.net)



what matters.™  
Green Mountain  
United Way